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or 972-359-1548

UPCOMING EVENTS

**Turkey Challenge (a fitness challenge event) - Nov. 1-26**

Last day to register is November 4th. Get ready for the Holidays!  
Do 20 minutes of physical activity for 20 days. Weekly door prizes  
and more!. Takes the place of the Turkey Trot and benefits the  
PGNA Scholarship Program. More details on [page 3](#).



**PGNA Annual Dues - Due November 1**

**2020 United States Election - November 3**

*Every vote counts.*



**Red, White, and Blue Tribute  
to our Veterans - November 8**

*Join the Scouts in Park Glen on  
November 8th at 12:30PM at Alliance  
United Methodist Church where our  
entire community will gather to honor  
our Veterans in a community wide Flag  
retirement ceremony. More details on [page 10](#).*



**Holiday Decorating Contest - December 10-15**

Judging will take place any time between 6-10 pm  
on any of the above dates. More details on [page 11](#).



# Neighborhood

**NEWS**

## 3 Things You Need to Know

1. Last day to Register for the Turkey Challenge Event is Nov. 4th. This Fitness Challenge Event runs from Nov. 1-26th. Do a min. of 20 minutes of physical activity for 20 days. Weekly “door prizes” and other fun things. In place of Turkey Trot. Supports the PGNA Scholarship Program. Details on [page 3](#).
2. Judges needed for Holiday Decorating Contest. Judging is done anytime between 6 pm - 10 pm between Dec. 10th - 15th. Email: [pgnaBeth@gmail.com](mailto:pgnaBeth@gmail.com) if you'd like to volunteer. More details on [page 11](#).
3. See Neighborhood Police Officer Derrick Simpson's article on [page 5](#). Officer Simpson recommends not giving to panhandlers, but instead donating to organizations that help the homeless. Also, call 911 if you see panhandlers on street corners or in the area, including parks; or if you see any suspicious activity.

## PGNA Annual Dues

**New Process**

PGNA Annual Dues need to be paid on or before Nov. 1st. You can go into the portal now and pay online per their instructions (no fee is charged to pay online except for use of credit card). For more details [www.ParkGlen.org](http://www.ParkGlen.org)

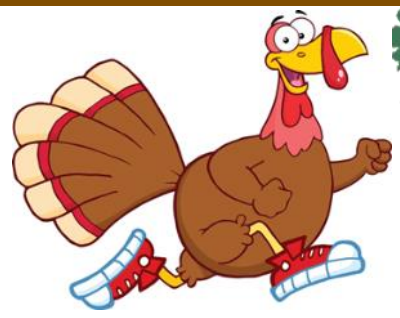
Any questions please contact our community manager at [parkglenmanager@nmitx.com](mailto:parkglenmanager@nmitx.com) or 972-359-1548.

## ADVERTISERS

If you would like to place an ad in our online newsletter, please e-mail [Newsletter@ParkGlen.org](mailto:Newsletter@ParkGlen.org)

Full Page: \$150,  
Half Page: \$100,  
Qtr. Page: \$50,  
Eighth Page: \$25

# Park Glen Neighborhood Association Turkey Challenge November 1 – 26



Open to everyone. Benefitting the Park Glen Scholarship Program.  
This is in place of the Turkey Trot 2020.

Get ready for Thanksgiving and the holidays by meeting the Turkey Challenge. The Challenge is to do some kind of physical activity of your choice, for a minimum of 20 minutes for 20 days from November 1 through November 26 (Thanksgiving Day). Physical activity can include (but is not limited to) things like this:

- Walking
- Exercises
- Running
- Tennis
- Yoga
- Basketball
- Weight Training
- Dancing
- Swimming

The key is that you get to choose when and what type of physical activity you do, and you can change it up whenever you like. Fill in the tracking form on your computer or print it out and keep track of each day that you do at least 20 minutes of physical activity. When you've completed 20 days, you've met the Turkey Challenge! Participation "door prizes" will be awarded to randomly-selected participants throughout the event. Then a certificate and fun prize will be awarded to each participant who completes the Turkey Challenge.

In addition, participants may compete to raise the most sponsorship dollars by getting their own sponsors. The three people with the most sponsorship amounts paid to <https://my.cheddarup.com/c/park-glen-turkey-challenge> will win a medal and a gift card: 1st place - \$50 gift card, 2nd place - \$25 gift card, and 3rd Place - \$15 gift card. General donations to the Park Glen Scholarship Program can be made to that same Cheddar Up link.

Participants will:

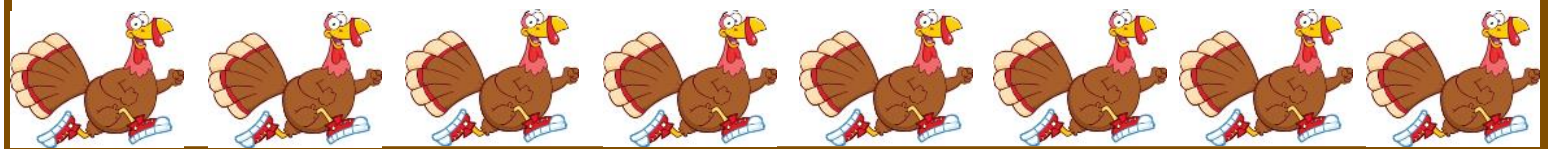
- be able to compete in raising the most sponsorship dollars by asking family, friends, and businesses to sponsor the Turkey Challenge. Sponsorship dollars must be paid to <https://my.cheddarup.com/c/park-glen-turkey-challenge> on or before November 30, 2020. The top 3 participants in this regard will win a medal and a gift card prize: 1st place - \$50 prize, 2nd place - \$25 prize, and 3rd Place - \$15 prize.
- receive a fillable and printable pdf tracking form to keep track of his/her progress (calendar where the dates can be checked off).
- receive a weekly reminder and encouragement email, along with the announcement of "door prizes."
- be encouraged to post photos and/or comments about their progress and experience on our [PGNA Turkey Challenge Facebook Page](#).
- have a chance at winning a Door Prize.
- e-mail a scan or photo of the completed tracking form to [TurkeyChallenge@parkglen.org](mailto:TurkeyChallenge@parkglen.org) when the participant meets the Turkey Challenge on or before November 30, 2020.
- be awarded a certificate and fun prize if the Turkey Challenge is met.

Register at [https://secure.getmeregistered.com/get\\_information.php?event\\_id=134862](https://secure.getmeregistered.com/get_information.php?event_id=134862).

Complete registration information is at [www.ParkGlen.org](http://www.ParkGlen.org). The online registration processing fee is INCLUDED in the prices above. Any questions, please email [TurkeyChallenge@ParkGlen.org](mailto:TurkeyChallenge@ParkGlen.org).

- **Individual fee: \$15 until October 25 (Late registration - \$20 from October 26-November 4)**
  - **Team Member fee: \$13 until October 25 (Late registration - \$18 from October 26-November 4).**
- Groups of 4 or more can form Teams. Think of a fun/unique name for your team! Team Captains need to register their team of 4 or more members to receive the discounted rate. Additional team members can register separately by selecting the "join an existing team" category and entering their Captain's transaction number.
- **If you have student(s) that attend Park Glen Elementary, select "join an existing team," select Park Glen Elementary, and follow the instructions in place of transaction codes.** Students and teachers can invite family and friends to join their team.

General Donations to the Park Glen Scholarship Program can be made at:  
<https://my.cheddarup.com/c/park-glen-turkey-challenge>



# Please Support the Sponsors of Park Glen's 2020 Turkey Challenge!



**Premier Eye Care**

**Lowe's**

**North Texas Painting**

Texas Paw Care 7-Eleven

Walmart Neighborhood Market

Park Glen Pools

Hight Real Estate Group

LoveSweetThingsBakery.com

# From Our Neighborhood Police Officer

## Derrick Simpson

### **E13 BEAT (Boundaries are Basswood to the south, Denton Hwy to the east, North Tarrant Pkwy to the north, and Beach St. to the west)**

Hello All,

I hope everyone is doing well. Some of you all may already know me and for those who don't, my name is NPO Derrick Simpson, and I am the neighborhood patrol officer for your area. Just a little bit about myself. I have been with the Fort Worth Police Department for the past 13 years. The first 2.5 was here working North Division. 7.5 years in the Northwest Divisions and the past 3 as your NPO. Mixed in at times I went on loan in other groups inside the police department like Narcotics and Property crimes.

The most significant problems that I see in E13 beats are burglaries of motor vehicles (BMV's). There were about 31 BMV's since the first of the year. 31 is a small number compared to other areas but 1 is too many. More than half of those are a result of leaving vehicles unsecured and leaving valuables inside the vehicles. But I am sure that if you are reading this newsletter than you are not one of those who would have done this!!! Talk to your neighbors, talk to your friends and speak to anyone who will listen. Please tell everyone to lock their vehicle doors and remove their valuable before walking away from their vehicles for the night.

The second thing that I would like to cover is panhandlers here in our area. We have been getting a lot of complaints about the guys that are on the street corners with their signs asking for money. We have been finding out that they are coming from other sides of town because of the bus access. The Fort Worth city bus runs all over the city now, which a few years ago access was limited. When we make contact, these solicitors tell us that in this area people are more generous than other sides of town. PLEASE do not give donations to panhandlers. If they continue getting good donations we will continue to get/have panhandlers. If you want to help them, then you can give donations to organizations that help the homeless. If you all see these guys out begging on the street corners or if you see homeless people in any of the parks call 911 so an officer can be dispatched. If an officer can get out and make contact then we can at least get them identified and possibly get them help.

If you need to contact me for issues, the best way to get me is by email at [derrick.simpson@fortworthtexas.gov](mailto:derrick.simpson@fortworthtexas.gov). Or (817)392-3180 (desk), (817)988-1076 (cell). We don't work weekends unless it's a special event.

If there is something that needs immediate police attention call 911, if not call non-emergency (817)392-4222.



# Halloween/Harvest Decorating Contest 2020 Winners



# Halloween/Harvest Decorating Contest 2020 Winners *Continued*



The Crossing

7051 Creek Bend Drive



The Glen

4616 Timken Trail



Phase III

5420 Bryce Canyon Court



The Meadows

5420 Crater Lake Drive



Phase I

7413 Arcadia Trail



The Hills

4801 Salmon Run Way

# PGNA Landscape Corner

by the Lazy Gardener

Ahh Fall, my favorite time of year! Spoken like a person who grew up in New England, right? Although that was easily the most colorful time of the year in New England, it also meant the end of the growing season, time to clean and maintain our tools, landscape equipment and store it for the winter. That is not the case for us in Texas, our most colorful season is hands down the Spring. Fall for us is our secret second Planting Season, well for trees and shrubs anyway. More on this in a minute, before we explore that subject lets talk fall and winter flowers first.

Everyone who was raised in Texas knows about the fall tradition of Mums, I know if you went to HS in Texas you're probably thinking of the glitzy corsage at Home-Coming, but this Mum is Chrysanthemums, and coincidently are probably the flower most often associated with fall. Its peach basket size mounds of flowers are hard to miss. Their bloom season will range from 2-4 weeks and by varying the cultivars you might even get up to 6 weeks of "mums".



Bloom season not long enough for you, look for the flower with a disparaging name, the Pansy. Pansies come in a wide variety of colors or mix of colors and is one of the toughest flowers you will ever have the joy of growing. Once established Pansies are drought tolerant and will smile right through what little snow we may encounter in Texas. Viola, Johnny Jump-Ups, Snapdragons, Cyclamen, Dianthus and Lenten Roses also bloom through our Fall and Winter and typically survive through the winter to give you early season blooms again in spring. Want to add a winter flowering shrub, look for the sweet-scented gardenia

You can also add Swiss Chard (look for both Red and Yellow stemmed) and a wide variety of Kale and Cabbage to offset and accent your Fall and Winter flowers. Best part about most of these winter plants... you can eat most them in a salad, Yes flowers too! Check it out on the internet as to which plants and flowers are edible.



Just a word of caution when you head to the plant stores, they sell a lot of gorgeous flowers this time of year, or run sales on some of the prettiest flowers, in fact I have bought a few myself. I have been quickly disappointed but it was ultimately my own fault, I was new to the area and figured they would not sell plants that don't grow here, because here they are. Read

the little tags that come with the plant, if it does not say Zone 8 (preferably Zone 7) put it back; if it says annual, put it back. These plants won't have much of a shelf life and you'll be disappointed in the long run. I offer these tips from my own experience.

Back to Planting Season 2: Fall is our best time to plant new trees and shrubs. By planting trees and shrubs in the fall, the cooler temperatures and more frequent rain help the plant become established, putting it in better shape to endure the hot Texas summers. When shopping around for your trees and shrubs, please consider their **mature** size, be sure it will fit in the space that you have. If in doubt look it up, this could save you a lot of problems in the future. A good start is the Texas A&M Botanical Research website: <https://texastreeplanting.tamu.edu/index.html>.



Winter is also a great time for planning your landscape and the best time to trim your trees to let the sun through. Your grass will greatly appreciate it! Trimming of shrubs should be postponed until spring as shrub pruning stimulates growth, new growth is too tender to survive the winter.

Winter is also the best time to plan your landscape. My advice, look out your windows, what do you see... like it... or not so much? Go out to your patio, have a seat, same question. If you like it don't block it, if not maybe an evergreen plant can make things better. Now that does not mean you block up the window, think further out, along the fence line perhaps. Don't go overboard, block out only what you need to, this will give your landscape depth and make it more appealing. These ornamental trees or shrubs will become the anchors to your landscape plan.

We have started an email address for any questions you may have about your yard. Please send your comments and questions to [PGNALandscapes@gmail.com](mailto:PGNALandscapes@gmail.com). We'll talk landscape planning next time, until then get out there and get a little dirt under your fingernails.



# CDC Thanksgiving Guidelines

Thanksgiving is a time when many families travel long distances to celebrate together. Travel increases the chance of getting and spreading the virus that causes COVID-19. Staying home is the best way to protect yourself and others. If you must travel, be informed of the risks involved.



## Lower risk activities

- Having a small dinner with only people who live in your household
- Preparing traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and delivering them in a way that does not involve contact with others
- Having a virtual dinner and sharing recipes with friends and family
- Shopping online rather than in person on the day after Thanksgiving or the next Monday
- Watching sports events, parades, and movies from home

## Moderate risk activities

- Having a small outdoor dinner with family and friends who live in your community
- Visiting pumpkin patches or orchards where people use hand sanitizer before touching pumpkins or picking apples, wearing masks is encouraged or enforced, and people are able to maintain social distancing
- Attending a small outdoor sports events with safety precautions in place

## Higher risk activities

Avoid these higher risk activities to help prevent the spread of the virus that causes COVID-19:

- Going shopping in crowded stores just before, on, or after Thanksgiving
- Participating or being a spectator at a crowded race
- Attending crowded parades
- Using alcohol or drugs, which can cloud judgement and increase risky behaviors
- Attending large indoor gatherings with people from outside of your household.

Link: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html#thanksgiving>

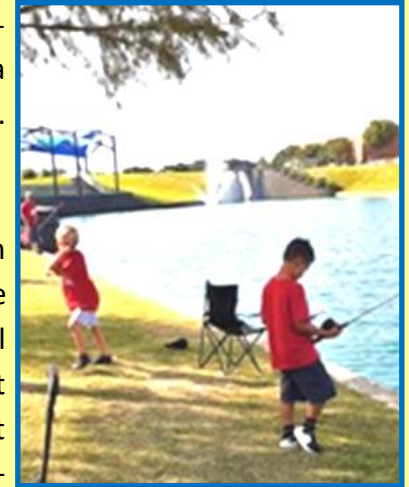


# Park Glen Scouting

## By Bob Kilburn

What a fun month for the Scouts in Park Glen. The Scouts are right in the middle of their "Popcorn Sales". They have been selling popcorn online and at a few retailers during these challenging times. Thanks for supporting Scouting. Popcorn sales supports local units provide quality programs for the boys.

The Cub Scouts and Boy Scouts both participated in the Trinity Trash Bash in Fort Worth. Our area was the Trinity River around the Coyote Drive In. The Scouts were busy as usual. They began with a Court of Honor, recognizing all their accomplishments for the last 3 months, they camped at The Boy Scout Camp Worth Ranch near Mineral Wells to participate in the Mustang District Camporee, lots of fun. They hosted an open house at Alliance United Methodist Church for Webelos (soon to be Boy Scouts), where they shared some scout



skills and had some fun including, games and lots of branding.

The Cubs Scouts have been busy recruiting and rounding up new scouts to join the program. They have been having great fun, they had a fishing derby, and a geocaching event in Arcadia Trail Park during the last month and so much more to come.

## ***Red, White, and Blue Tribute to our Veterans***

*Please join us on November 8th at  
12:30PM at Alliance United Methodist*

*Church where our entire community will gather to honor our Veterans in a community wide Flag retirement ceremony. If you have a Flag that needs to be retired now is the time. Contact Bob Kilburn, 817-789-9907 or [bobkilburn@sbcglobal.net](mailto:bobkilburn@sbcglobal.net) or just give it to a Scout you know.*



## **Interested in Scouting in the Park Glen Area?**

**Contact Bob Kilburn at 817-789-9907 or**

**[bobkilburn@sbcglobal.net](mailto:bobkilburn@sbcglobal.net)**

**or visit our websites:**

**For Boy Scouts: <https://troop205.tx.org>**

**For Cub Scouts: <http://fortworthpack205.weebly.com>**

# Holiday Decorating Contest

Park Glen will again have its annual Holiday Decorating Contest to recognize and show appreciation to residents for their outstanding efforts to decorate their homes for everyone to enjoy.

Entries or nominations are not required. Volunteer judges will tour the neighborhood looking at home decorations between 6 p.m. and 10 p.m. from December 10 through 15. Judging will be based on “curb appeal” as viewed from the street only. The primary factor will be overall presentation (“wow factor”), but judges will also consider uniqueness & Creativity, storyline or theme, and neatness & organization. 2018 and 2019 winners and properties with past due balances owed to the Association or outstanding deed restriction violations will not be eligible.

13 homes will be selected (one from each of Park Glen’s 13 villages), with each winner receiving a \$50 gift card and a yard sign to display for the remainder of the month. Winners will also be announced and pictured on our website and in the January newsletter. Be creative, be festive, and have fun!

## We need contest judges!

You can be a judge and still be eligible for the contest.

Please e-mail [PGNABeth@gmail.com](mailto:PGNABeth@gmail.com) or sign up at the Volunteer page at [www.ParkGlen.org](http://www.ParkGlen.org) right away.



## COVENANT CORNER

Park Glen residents are all required to follow our covenants, conditions, & restrictions. When our deed restrictions are followed, it helps keep our neighborhood looking nice. While it is merely rude for you or your yard maintenance company to blow clippings and leaves into your neighbor’s yard, it is illegal to blow clippings and leaves into the street. This can cause them to clog the city’s storm water drains, which could be disastrous for homeowners and result in a fine from the city. The best way of removing yard waste is to place it in an appropriate brown bag (available from Walmart, Sam’s, Costco, and hardware stores) or a green yard waste bin (available from the city) and place on the street every Monday morning for the city to pick up. Let’s all do our part to keep Park Glen beautiful!





## Creamy Tuscan Sausage Gnocchi (One Pan, 20 Minutes)

Pillowy gnocchi in a creamy garlic, sun-dried tomato, and spinach sauce makes the most amazing comfort food dinner. Perfect for busy weeknights - it's ready in only 20 minutes and made in one skillet. Your family will love it!

### Ingredients

- 8.8 ounces Italian sausages crumbled
- 3 cloves garlic minced
- 1/2 cup chicken broth
- 1 cup heavy/whipping cream
- 1 teaspoon lemon juice
- 1/4 cup sun-dried tomatoes
- 1 pound potato gnocchi
- 1.5 cups (packed) fresh baby spinach
- 1/2 cup freshly grated parmesan cheese
- Fresh basil (optional) to taste
- Salt & pepper to taste

### Instructions

1. Take the sausage meat out of the casings and crumble it into a deep skillet. Sauté the sausage over medium-high heat, breaking it up as you go along, until browned (about 5-7 minutes).
2. Stir in the garlic and cook for about 30 seconds.
3. Add the chicken broth, cream, lemon juice, sun-dried tomatoes, and gnocchi to the pan. Give it a good stir.
4. Reduce the heat to medium and cover the pan. Cook for 5 minutes.
5. Give the gnocchi a stir and then add in the spinach. Cover the pan again for 1-2 minutes until the spinach has wilted.
6. Stir in the parmesan and basil (if using). Ensure the gnocchi is cooked through and the sauce is thickened to your liking (cook for another minute or two if necessary). Season with salt & pepper to taste and serve immediately.

Link: [www.saltandlavender.com](http://www.saltandlavender.com)





## Pumpkin Cheesecake Bites

2 hours 10 mins · Vegetarian · Serves 19

Fall means pumpkin EVERYTHING and these truffles are the perfect place to start. A simple mixture gets rolled together and coated in white chocolate for a super easy no-bake dessert.

### Ingredients

#### **Produce**

1/2 cup Pumpkin puree

#### **Baking & Spices**

1 Pinch Kosher salt

1 tsp Pumpkin pie spice

2 1/2 cup White chocolate

#### **Oils & Vinegars**

1 tbsp Coconut oil

#### **Snacks**

1 cup Ginger snaps

3/4 cup Graham crackers

#### **Dairy**

4 oz Cream cheese

### Instructions

1. Line a large baking sheet with parchment paper. In a small bowl, mix together ginger snaps and graham cracker crumbs. Set aside 2 tablespoons for topping.
2. In a large bowl, beat cream cheese until light and fluffy. Add 1/2 cup melted white chocolate, pumpkin puree, pumpkin pie spice, and salt and beat until incorporated. Mix in cookie crumbs.
3. Scoop mixture into tablespoon-sized balls and freeze until solid, about 40 minutes.
4. Roll chilled balls between your palms to smooth out edges, then chill for an additional 5 minutes.
5. Mix together remaining 2 cups melted white chocolate with coconut oil, then dip truffles in to coat. Place back on baking sheet, and sprinkle with reserved cookie crumbs.
6. Refrigerate at least 1 hour, or until ready to serve.

Link: <https://www.delish.com/cooking/recipe-ideas/recipes/a55032/pumpkin-cheesecake-bites-recipe/>



**Share your favorite recipes. Send a sweet and/or savory recipe to [PGNABeth@gmail.com](mailto:PGNABeth@gmail.com) with Subject Line: Recipe.**

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