

July 2nd, 9a-Noon, Alliance United Methodist Church

Our day will start with the Bike Parade with prizes awarded for best decorated, most unique and most patriotic! Bring your dogs all decked out in costume and race them in our Doggiepalooza, Contestants will be judged in several categories including most patriotic, best trick, and most unique! There will be Vendors, Free Food, Fun and Games for everyone! Don't forget to bring non-perishible food items for a chance at the Pie-in-the-Face station!! Donations to benefit the Community Storehouse. Please see page 7 for more details.



President's Notes

Hello again,

I hope your summer is going well. As July approaches please remember to drink lots of water and protect yourself from the hot Texas sun.

Speaking of summer, I hope you've made plans to join us at our upcoming events. We've scheduled lots of fun things to do at our Independence Day celebration on July 2. If you want a chance to throw a pie in my face, come on out to the Alliance United Method Church. I'm "really" looking forward to that. But hey, my wife says it'll be fun anyway.

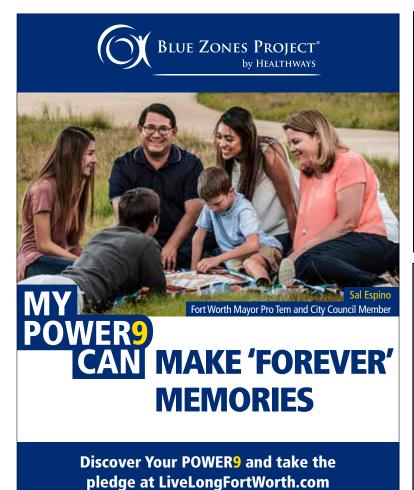
On July 16th and August 20th join us at the Longhorn Activity Center for Park Glen's Dive-in movie nights! It's a great way to cool off from the heat and enjoy a terrific family environment.

For up updates and details on all of our events, visit our website at ParkGlen.org. If you'd like to help plan or organize a community event, reach out to us by filling out the volunteer form there. Give us your ideas. We're always looking for new ways to benefit our neighborhood.

Now for this months "neighborhood business". I'd like to give a shout out to those homeowners who share their voices and concerns each month. We have many people who reach out consistently and let us know what is going on in the neighborhood. Then there are those folks who contact us just once in a while and then some of you who reach out periodically to let us know what you're seeing and share your thoughts. However active you choose to be, I want to thank you for caring enough about our neighborhood to make that effort.

I also want to ensure you that I don't get tired of your emails and calls. And on behalf of the board, we appreciate your feedback and are working hard on your behalf to make Park Glen better. As a board, we have insisted on keeping the lines of communication open so keep it coming. The more homeowners that get involved, the better!

~ Kevin





The Communications
Committee has a Facebook
page! We've passed
1400 likes!

LIKE our page and get reminders and event updates. It's a great way to keep in touch!



You can find us at "Park Glen Neighborhood Association" www.facebook.com/parkglenhoa



Yard of the Month

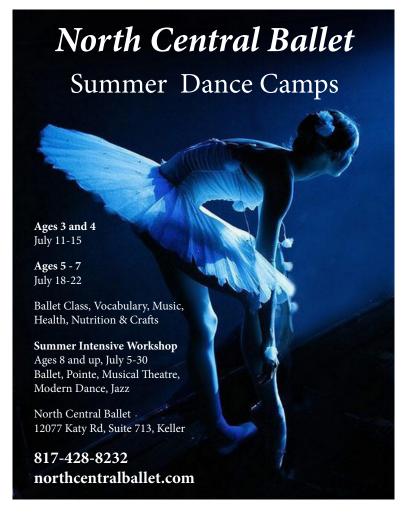
Through September, a "Yard of the Month" will be selected in each of Park Glen's 13 villages, based on overall attractiveness and adherence to deed restrictions & community standards. To be considered, properties must not have any open violations or have any past due balance on their account. The selections will be made by volunteer homeowners driving through the neighborhood. Winners will be recognized with a yard sign.

Would you like to help select the winners in the parts of Park Glen other than your own? You can sign up or find out more at the "Volunteer" page of the Park Glen website.

Congratulations to our June winners....

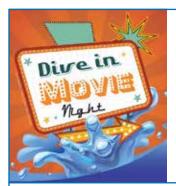
Village	Winner
The Crossings	5141 Shell Creek
The Meadows	73333 Mesa Verde Tr
The Glen	4516 Timken Tr
The Hills	7900 Kern Ln
The Preserve	8469 Island Circle
The Bluffs	8116 Union Lake Dr
Windridge	5340 Mt McKinley

Village	Winner
Park View	4737 Mount Hood Rd
The Knoll	5124 Arcadia Court
Park Glen	7567 Deer Lodge
Phase III	5410 Bryce Canyon Ct
The Vista's of Park Glen	5162 Warm Springs Tr
The Vista's at Park Glen	6912 Amberdale





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Summer Fun! Dive-In Movie Night!

We hope you will join us for our 2nd Dive-In Movie of the Summer!

July 16th

NO ADMISSION CHARGE!!

Longhorn Activity Center Pool at Park Vista and Basswood

"Zootopia"

Food and drinks will be provided by our sponsors, Jodi and Spencer Hight, Keller Williams and Jack Webb, Edward Jones. You may bring your own but please no glass containers.

The gate will open at 7:30p, the pool opens at 7:45p and the movie will start around 8:30p

Get your swim suits and towels and join us for a fun night!

If you can't make this movie night,
our next one is scheduled for Aug 20th.

Apollo Dog of the Month

Hello, My name is Oakley. Do you want someone to LOVE, because I am looking for that special someone? Can you find it in your heart to be my special someone? I love to play and run, I've had some leash training as well, and I know how to jump on a pedestal to get love and petting. Oh



and if you happen to have any food treats that's even better....

I am currently available for adoption or foster; and I'm living at the Apollo Support and Rescue Adoption Center in Justin. My mommy was a collie and I may be mixed with shepherd, but not entirely sure. My personality is one that doesn't work out well for the kennel environment; I'm stressed out here and has caused me to become somewhat skinny. I'm healthy other than the weight loss. Up to date on shots, neutered, friendly, lots of energy. I really like small children, they make me feel comfortable. If you have a doggie at home, it would be better if I could do some slow meetings with him/her before I know if I can be around them and enjoy their company. So right now it may be better if I am the only dog.

If interested in meeting Oakley, please email: inquire@apollosupportandrescue.org

Apollo Support & Rescue Adoption Center

314 E. 4th Street Justin, TX 76247 Open 9-5 Monday-Sunday





July is National Blueberry, Hot Dog and Ice Cream Month!!



PARK GLEN SCOUTING

By Bob Kilburn

No shortage of activities here for the Boy Scouts and Cub Scouts Troop & Pack 205. The Boy Scouts had their quarterly Court of Honor where they are recognized for all their achievements over the past several months. The Scouts going to Philmont High Adventure Base this summer were busy hiking in preparation for their trek. Both Cubs Scouts and Boy Scouts supported VFW Post 655

by placing Flags in front of Veterans graves in recognition of Memorial Day at the New Trinity Cemetery in Haltom City, along with Girls Scout and their families they put out 300 Flags, Great Job. They finished up the month by putting up Flags throughout our neighborhood. All the Scouts are looking forward to Summer Camp at Worth Ranch in Palo Pinto County and Camp Alexander in Colorado.

The Cub Scouts had their share too. This month they were busy preparing for the upcoming Cub Scout Day Camp. They attended Scout Day at the Ballpark in Arlington and cheered the Rangers on,walked the bases before the game. How cool is that. They held the last pack meeting for this school year. This was a very special meeting for them. This is the meeting where all the boys advance to their next rank moving along the Scouting Trail.







Interested in Scouting in the Park Glen Area?

Contact Bob Kilburn @ 817-789-9907 or bobkilburn@sbcglobal.net. or visit our websites: For Boy Scouts https://troop205.trooptrack.com For Cub Scouts http://fortworthpack205.weebly.com







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ANNUAL BOARD OF DIRECTORS INFORMATION

The 2016 Annual Meeting of the Park Glen Neighborhood Association will be

Tuesday, August 30, at 7pm at the Longhorn Activity Center.

All Park Glen homeowners are welcome and encouraged to attend.

Voting in the 2016 Park Glen Board election will be at the annual meeting on August 30 or by mail or electronic voting from around August 1 through August 29. In addition to voting online, this year homeowners will be able to vote in advance by returning a paper ballot by mail. Homeowners should receive ballots and instructions on or just before August 1.

Please vote in this year's election to help reach the quorum requirement.

Opportunity to Run for the PGNA Board

Park Glen homeowners can be candidates in the 2016 Board election by filing as indicated in the instructions and form below. Candidate filings must be received by the Election Coordinator by July 15.

Think you might want to serve on the PGNA Board but would like to know a little more about it to help you decide? We welcome your interest and inquiry. The current Board members would love to answer your questions.

Feel free to contact President Kevin Hammack (PGNAKevin@gmail.com) or Vice President Russell Zwerg (PGNARussell@gmail.com) or any Board member.



2016 Board Election

The 2016 election for the Park Glen Board of Directors is coming up quickly. Here is the schedule that has been set:

- Early June to July 15 Candidate Filing period.
- By July 20 Post candidates & candidate statements on website.
- Approximately July 25 Election America sends letter, candidate information sheet, and voting instructions to each homeowner, and sets up the website for voting.
- August 1 (or earlier) to August 29 Advance Voting period.
- <u>August 30</u> Annual Meeting; in-person voting; results made known (assuming quorum has been met).

The Board has appointed Park Glen homeowner Gerry Sauls to serve as the "Election Coordinator" for 2016. With regard to candidate filing, Gerry will:

- · collect candidate filings
- verify homeowner status at filing submission and again right after filing ends
- · confirm receipt of filings to applicants
- compile all candidate information into one document for the Park Glen website and for the Election America mailing and website
- maintain secrecy until the filing period has ended.

To run as a candidate in the 2016 election, please follow the instructions to the right. Complete election and candidate filing guidelines may be found on the ParkGlen.org website.

Candidate Filing Form

2016 Election - Park Glen Neighborhood Association Board of Directors
Please complete this form or provide the requested information on your own paper or in an e-mail message. The information from questions 4, 5, and 6 will be used only by the Election Coordinator. The information from 1, 2, and 3 will be published on the Park Glen and election websites and provided to all members before advance voting.

Please submit your information to Gerry Sauls (Park Glen's 2016 Election Coordinator) by e-mail to: **GESauls@gmail.com**

by mail to: **Gerry Sauls; 5421 Rocky Mountain Rd; Fort Worth, TX 76137**Gerry must RECEIVE all filings by July 15. He will confirm all submissions by July 12 or within 48 hours of receipt, whichever is later. If you do not get an e-mail confirmation, please contact Gerry at 817-680-8922 or the e-mail address above.

Park Glen INDEPENDENCE DAY CELEBRATION!

Please plan to join us for our Independence Day Celebration Saturday, July 2nd from 9a to Noon at Alliance United Methodist Church on Park Vista.

Parade

Starting and Ending at Alliance Methodist Church Led By Fort Worth Police Department Featuring Decorated Trikes, Bikes, Wagons, Scooters, and maybe even Floats (if you are ambitious)

Doggiepalooza

The Park Glen Annual Dog Contest Contestants will be judged in several categories including: Most Patriotic • Best Trick • Most Unique

Free Food

The Methodist Men will be handing out hot dogs, chips and water for everyone. (One per person). We will also be handing out free popsicles (one per person).

The day will start off with the judging of the children's bikes, tricycles, scooters, wagons, skateboards, etc.

We'll be awarding prizes for best decorated, most unique, and most patriotic. Everyone is then welcome to join in the Parade. We are putting together a fun and safe route for our little riders and walkers, and even dogs are welcome. After the parade, it will be time for the Doggiepalooza, featuring contests and races!!

* Dogs must be leashed the entire time of this event. We will have water available for them.

We have a day full of fun planned....Bounce Houses, Face Painting, The Fire Dept is bringing a firetruck, the Methodist Men will be cooking up some great food, the Girl Scouts will have some field games and you can browse our variety of vendor tables.

In support of the **COMMUNITY STOREHOUSE**, we will be setting up a Pie in the Face station!! One (or more!) non-perishable food item and/or a monetary donation will get you a pie to toss "gently" at the HOA President and Vice President! Warm up those arms and help us gather some food for a great cause! ***Please see list of items to bring.

We will be donating to the Community Storehouse this year to help with their Summer Lunch Program.

Here are some things that are needed.....

- Corn
- Green Beans
- Campbell's Chicken Noodle Soup
- Misc Soup
- Tuna
- Chili/Sloppy Joes/ Manwich
- Cans of Fruit

- Canned Pasta
- Canned Pork & Beans
- Ramen Noodles
- Cookie/Muffin Mix
- Mac & Cheese
- Spaghetti
- Peanut Butter
- Jelly
- Pudding Mix
- Jello Mix
- Granola Bars
- Cookies
- Cereal
- Instant Oatmeal
- Gatorade (pack)
- Candy



History of the Strawberry

"Strawberries are so wholesome and health-preserving, so fragrant and delicious that it is a small wonder that everyone should endeavor to make the season during which they are available last long as possible."

—Henry de Vilmorin, 19th century French botanist

The Name Strawberry was derived from the berries that are "strewn" about on the plants, and "strewn berry" eventually became "Strawberry".

They are from the Rosaceae family, and are of the Fragaria genus. They are not berries or fruit at all, but enlarged ends of the plant's stamen. Strawberry seeds are on the outer skin, instead of in the inner berry, There are about 200 seeds per berry.

The berries are non-fat and low in calories, rich in vitamin C, potassium, folic acid, fiber, and vitamin B6. Over history the strawberries have been used in medicines. They have been used for sunburn, discolored teeth, digestion, and gout. As far back as the 13th century,the Strawberry was used as an anaphrodisiac.

Strawberries were served at medieval state events, they symbolized prosperity, peace, and perfection. The most famous public eating of strawberries is at Wimbledon each year, when strawberries and cream are consumed between tennis matches by properly attired English. It is also known that Russian empresses also loved them.

American Indians allegedly invented Strawberry shortcake, mashing berries in meal to make bread the colonists enjoyed--but they must have used wild strawberries since strawberries have been cultivated in America only since 1835. The Hoveg variety was imported into Massachusetts from France in 1834 The Fraser clan in Scotland derived its name from French immigrants named Strawberry (Fraise) who came with William the Conqueror in 1066. There are references to the strawberry as far back as ancient Rome.







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Summer Strawberry Recipes

Strawberry Salsa

Ingredients
3 c. fresh strawberries, chopped
1/2 red onion, finely chopped
1 jalapeño, finely chopped (seeded if you prefer less heat)
1/4 c. chopped fresh cilantro
Juice of 2 limes

Tortilla chips, for serving



Directions

Zest of 1 lime

pinch of salt

1 In a large bowl, stir together strawberries, onion, jalapeño, cilantro, and lime juice and zest. Season with salt.

2 Let sit 10 to 20 minutes to let the flavors meld. Serve with chips.

Strawberry Cheesecakeadilla

Ingredients

- 4 oz. cream cheese, softened
- 1 tbsp. sugar
- 2 large flour tortillas
- 2 tbsp. butter, melted
- 1 tbsp. cinnamon sugar
- 1 c. chopped strawberries
- 1 tbsp. cornstarch



Directions

- 1 In a stand mixer fitted with the paddle attachment, beat cream cheese, 2 to
- 3 minutes. Add sugar and beat until combined, 1 minute.
- 2 Spread the inside of one tortilla with the cream cheese mixture. Place second tortilla on top to sandwich together.
- 3 Brush both sides of cheesecakeadilla with melted butter and sprinkle with cinnamon sugar.
- 4 In a large skillet over medium heat, cook cheesecakeadilla until golden and crispy, 5 minutes, then flip and cook 5 minutes more.
- 5 Meanwhile, in a small pot over low heat, cook strawberries until bubbly and syrupy, 5 minutes. Stir in cornstarch.
- 6 Remove cheesecakeadilla from heat and top with warm strawberry sauce. Serve sliced into triangles.





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Girl Scouts in Park Glen

By Alanna Mussawwir-Bias

The Troop has been very busy with Skill Building Badges, Outings, and Community Service. During our coverage of the New Cuisines Badge we explored Thai dishes, processed food vs homemade snacks and goodies, and discovered tasty regional foods from our parents hometowns. To show off our new skills the Cadettes prepared a special dinner and Girl Scout Cookie dessert for Veterans living at Liberty House in Fort Worth; a homeless veterans transitional housing program. Arcadia Park South was also on our service list with our participation in the Cowtown Cleanup.

Girls experienced two nights of live music performances. We attended the Opera "The Barber of Seville" at Bass Performance Hall in Fort Worth and the Broadway musical "Wicked" at Fair Park in Dallas. Both shows were moving and exciting cultural experiences. The Juniors and Cadettes volunteered a whole day to cleanup the Barn at Camp Stevens Ranch. We raked, shoveled, hacked and wacked all the leaves, weeds, and spiders! We took the Barn from woo to wow, in preparation of Summer Camp. This service helped us earn the Animal Habitat and Animal Helpers Badges.

Oh, did we mention that we love sports too. Everyone needs baseball, basketball and fencing in their lives right. Well, we started learning about Good Sportsmanship and got a treat at the Texas Rangers Scout Night game when Odor hit Batiste at second base in front of the world. Yikes! Girls attended the WNBA Dallas Wings Home Opener and saw a much better example of sportsmanship. We finished our experiment in sports with a Fencing Workshop, learning traditional skills of swordsmanship.











Interested in Girl Scouts in Park Glen Area? Contact Alanna Bias @ 817-403-1875 or gstoptroop1171@gmail.com
Girl Scouts of Texas Oklahoma Plains website http://www.gs-top.org

Covenant Corner

This month, we're talking about noise and road safety. These two topics are city and police issues much more than HOA issues (since they are not addressed by Park Glen's deed restrictions), but they are still important when we think about being considerate and maintaining safety.

First, please be courteous to your neighbors with respect to noise that you create. Noise from music, tools, a car engine, or a gathering of people can travel far and easily penetrate your neighbors' homes. It may be music to your ears, but to others it is a nuisance and sheer noise, especially if it occurs when those around you might be trying to sleep. The city of Fort Worth noise ordinance limits sound, in most cases, to 60 decibels at night (10 p.m. to 7 a.m.) and 70 decibels during the day (7 a.m. to 10 p.m.) in residential areas. Noise can also be restricted on a more subjective basis if deemed to be a disturbance.

Second, please drive considerately and be mindful of possible dangers on our neighborhood streets. Observe speed limits in order to avoid the possibility of causing harm, at worst, or the aggravation of your neighbors, at least. Not only is the safety of the children, residents, and pets of Park Glen at play, but your insurance premium is on the line, too. Your insurance rate is set not only by your individual record, but also that of the community where you live, so we really are "all in this together."

Let's keep this community a pleasant and safe place to live. It all starts with you.

If you are getting the Keller Citizen delivered and you want to cancel, please call this number....800-776-7827.

If you are noticing that your neighbors are receiving the papers and they are being left in the driveway, please pass on this information.

The market changes. Are you prepared?



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Park Glen Neighborhood Association Contact Information

Board Members Kevin Hammack, President PGNAKevin@gmail.com

Russell Zwerg, Vice Pres/Treasurer PGNARussell@gmail.com

Susan Kenney, Secretary PGNASusan@gmail.com

Jack Webb, Director PGNAJack@gmail.com

Barry Bryan, Director PGNABarry@gmail.com

Sterling Rice, Director PGNASterling@gmail.com

Bonnie Hoke, Director PGNABonnie@gmail.com

Property Manager

Real Manage

ParkGlen@ciramail.com, (*PREFERRED way to contact*) 1.866.4RealService (1.866.473.2573) Monday through Friday, 7:30a-7:00p

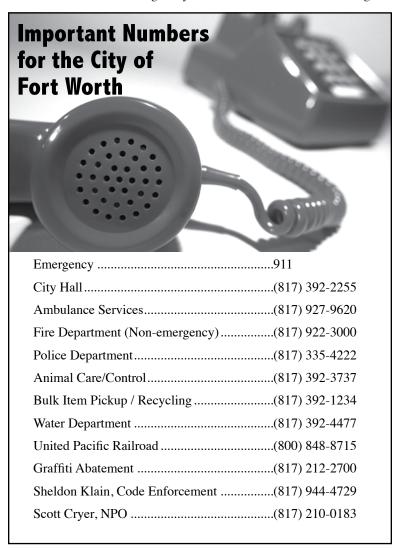
PGNA Website - www.ParkGlen.org

DEADLINE for the August Issue of *Park Glen Connection* is July 1, 2016

To place a business advertisement in the *Park Glen Connection*, contact

COMMUNITY NEWS CONNECTION info@communitynewsconnection.com or 972.396.8855

Neither Community News Connection, the HOA, Board of Directors, Management or membership of Park Glen explicitly or implicitly endorse any advertisement, the accuracy thereof or the qualifications, ability or professional standing of any advertiser or service provider, or the quality of any service or product. Park Glen Connection does not in any way endorse or support, nor does it take any credit or responsibility for any of the services, paid or volunteer, listed herein. The Park Glen Connection is not paid for by the homeowners' dues and is not funded by the HOA in any way. The Park Glen Connection is not a negative publication. It is a community newspaper created to inform and serve the community. Park Glen Connection strives to report only good news; we do not allow articles on politics, religion, controversial topics or any editorials. We also reserve the right to refuse any advertiser or article submission that we feel is not right for this "community philosophy" or not a good fit for this publication.



STAY UP TO DATE!

You can sign up on the ParkGlen.org website to receive e-mailed news and alerts about our community and events.

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Code Blue – Citizens on Patrol (COP) Program

Hello, I am Scott Cryer, your Neighborhood Police Officer (NPO). My role with the department is to act as a community liaison and beat crime manager. I monitor criminal activity as it occurs and seek a pro-active approach to fighting it. I determine what Police Department resources might be best utilized to combat each specific situation.

Our mission statement says: "The Fort Worth Police Department provides quality service in partnership with the community to create a safe environment for all." One of the best examples of this partnership is our Code Blue - Citizens

on Patrol (COP) program. Started in 1991, we began training Ft Worth residents in the Citizens Police Academy. Nobody anticipated how successful the Code Blue program would be as it has been credited with being a primary factor in decreases of Part I Crimes especially those of theft, burglary, and auto theft. It serves as a catalyst in strengthening neighborhoods. COPs have provided general support services to their neighbors, ranging from crime prevention to trash pick-ups to encouraging persons to move into their area.

After completion of the required training and patrol ride-ins, COPs are issued shirts, jackets, hats, ID badges, and car magnets to identify their involvement in the Code Blue program while they conduct their patrols. COPs are furnished with 800 MHz portable radios, similar to those issued to police officers, to report suspicious activity to their base operator

and Neighborhood Patrol Officer (NPO). NPOs work closely with the COPs in making Ft Worth this great city we live and work in.

If you are interested in joining a Citizen on Patrol group, please contact the coordinator for North Division, Brenda Fitts, at (817) 392-3542, or myself, at (817)201-0183. You may also visit our website for more information at www.fortworthpd.com and click 'Get Involved'. I hope to be able to work with you soon.



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