

## CONTACT US

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### Community Manager

Neighborhood  
Management, Inc.  
[ParkGlenManager@nmitx.com](mailto:ParkGlenManager@nmitx.com)

972-359-1548 8:30a-5:00p  
Monday through Thursday  
Until 3:00 on Friday

## INSIDE THIS ISSUE

Upcoming Events	3
Shout Outs	4
Turkey Trot	5
Board Candidates	7
Covenant Corner	8
Scouting	9
PID6 Advisory Board	10
Recipes	11
Yard of the Month	12
Volunteer in PG	13
Back to School Tips	14

Please

Vote

Advance voting for this year's Board of Directors election will begin approximately August 10 and run through Noon on September 10. It is necessary to reach a minimum quorum of ballots cast before the election can be concluded, so all homeowners are encouraged to vote online, by paper ballot, by designating a proxy, or (best of all) by coming to the annual meeting on September 11 and voting in person. Detailed election information and guidelines may be found on our website at [www.ParkGlen.org/vote.html](http://www.ParkGlen.org/vote.html).

- August 10 (approximate) - Advance Voting period opens for the 2018 Board election as homeowners start receiving voting information and ballots in the mail from Election-America.
- September 10 - Advance voting for the 2018 Board election ends at noon
- September 10 - Annual Meeting - attend and vote in person - 7pm - Longhorn Council Activity Center - 5350 Basswood Blvd.

Homeowners may vote for all or some of the races or cast ballots to meet quorum without voting for any candidates. If you have any questions about the online voting process, you may contact Election America at 866-384-9978.



**Pool/Movie Night**  
**Longhorn Activity Center (5350 Basswood Blvd). Open to Park Glen homeowners & residents (no charge)**

**Aug 18th - 7:30p-10p**

**Food and water will be provided.  
Event is dependent on the weather.**



## President's Notes

Hello Again,

Well the time is winding down, rapidly moving to the end of my time as President. Next month (September) will be the last column for me. Many of you may not know the President's Column wasn't my own brainchild. It was the result of caring guidance provided by a longtime homeowner. Lyn had been deeply involved in the Association for many years and she cared about the neighborhood. She wanted to make sure I knew that, although homeowners may not say much, they are interested and communication is important. Although she has since moved back home to Nebraska, her influence remains. Lyn, I think you're right. Thank you for your thoughtful guidance. So, after nearly 47 (1 left) consecutive months of my jabbering, it's almost someone else's turn.

I feel like the last four years have just flown by. But change is good, and it benefits the neighborhood. I've seen the list of candidates running for the Board and am excited we'll have some new ideas for leading our community. As always, the details for the election are posted on ParkGlen.org and you'll soon be receiving your ballot in the mail. PLEASE MAKE SURE YOU VOTE. It's important for a number of reasons, none of the least of which is that we need to make quorum.

So far, this summer has just been brutal with the temperatures. We've had lots of days over the century mark which can make it seem "crazy hard" to maintain a nice lawn. I want to encourage you, don't give up! With the right watering schedule and a little fertilizer you can get through this heat wave with your grass intact. If you have questions about how and when to water, there are lots of resources available online and from the city. We even have a number of folks, who live right here in Park Glen that can help you. While I don't recommend social media for things like HOA rules, it can be a good place to find services.

Last this month, don't forget, ParkGlen.org is a great tool for all the information you need to know about our neighborhood. From upcoming meetings to events and deed restriction information, our website has just about everything. If you would like to help manage the website or any other social media outlet, reach out and let us know. We're always looking for people to help!

As Always, Kevin



**It's time for our kids to get back in the swing of things. Here are the start dates for our school districts:**

**KISD: Aug 15<sup>th</sup>, Click [here](#) for the full 2018-2019 calendar**

**BISD: Aug 20<sup>th</sup>, Click [here](#) for the full 2018-2019 calendar**

## UPCOMING PARK GLEN EVENTS



**Dive In Movie**  
August 18 - 7:30-10pm  
 Wreck-It Ralph



**PID 6 Annual Meeting**  
August 23, 7-9pm at North Patrol Division Headquarters; 8755 N. Riverside Drive; Fort Worth, TX 76244. This is the annual meeting of the Public Improvement District for the Park Glen area (different from the HOA). The PID will review our progress for the 2017/2018 season and plans for the 2018/2019 season.

This will also be a great opportunity to meet your Board Members, City Officials, and fellow neighbors. Speakers this year will include, Councilman Cary Moon, Commander Neil Noakes and Mario Jacobo with Code Compliance.



**Park Glen All-Member Annual Meeting**  
Monday, Sept 10, 7pm at the Longhorn Activity Center. All

Park Glen homeowners are welcome and encouraged to attend. Three door prizes of \$50 will be given out to random owners who attend the meeting and voted in the election either at the meeting or in advance (one entry per property). Advance voting (online or mail-in) will take place starting August 10. Complete guidelines for the annual meeting and election are [here](#).



### **National Night Out**

Tuesday, October 2. Designed to bring neighbors together to make our neighborhood safer and friendlier. We need volunteers to host block parties. We'll provide guidance and ideas to help you and even reimburse up to \$75 of your expense.

*To get information on hosting a block party for, please fill out the form at <http://parkglen.org/volunteer.html>.*



### **Turkey Trot**

The 14th annual running of the Turkey Trot will be held on Thanksgiving morning, November 22!! Our 5K Race and 2K Fun Run get better every year, and we hope you will make plans to register to run (starting in September) or sign up as a volunteer. *We are currently signing up sponsors. See information on page 5 of this newsletter, or e-mail [PGNANewsletter@gmail.com](mailto:PGNANewsletter@gmail.com).*



**Saturday, August 18**  
**7:30p-10p**

**Longhorn Activity Center**  
**5350 Basswood Blvd**

**Park Glen residents only. Food & bottled water will be provided.**



**We will be showing**  
**Wreck-It Ralph!**

## August is National Win with Civility, Golf, and Back-to-School Month

### Dates to Remember

- Aug 5th – Friendship Day
- Aug 7th – Purple Heart Day
- Aug 11th – Middle Child Day
- Aug 13th – Left Handers Day
- Aug 15th – KISD First Day of School
- Aug 18th – Pool/Movie Night, 7:30-10p, Longhorn Activity Center Pool “Wreck it Ralph”
- Aug 20th - Board of Directors Meeting, 7p, Longhorn Activity Center,
- Aug 20th - BISD First Day of School
- Aug 25th – Banana Split Day!!!
- Aug 31st – Eat Outside Day- Picnic in the Park!



We would like recognize and give a “Shout Out” to these GREAT Park Glen Neighbors....

Many SHOUT OUTS to the Park Glen residents, both friends and strangers, who came to the assistance of the family whose home burned at the end of July!! Big SHOUT OUT to Virginia and Jacob who have opened their home to be sort of a home base for the family’s recovery efforts.

Another big SHOUT OUT To Jodi and Spencer Hight of Hight Realty for providing pizza for our July pool/movie night!

Thank you! to the Park Glen homeowners who stepped forward to serve on the Park Glen Board of Directors next year and to the volunteers who served the community on the Board and in other important roles this year.

HELLO,  
AUGUST!



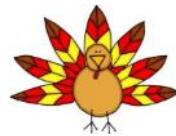
## 2018 Turkey Trot 5K Race and 2K Fun Run



Our annual running of the Turkey Trot will be held on Thanksgiving morning, November 22<sup>nd</sup>! This will be our 14th running, and the 5K and 2K Fun Run gets better every year, and we hope you will make plans to run (registration starting in September) or sign up as a volunteer.

We are currently signing up sponsors. Please see pricing and information below. Sign up [here](#), and email [PGNANewsletter@gmail.com](mailto:PGNANewsletter@gmail.com) with questions.

### Park Glen's 14<sup>th</sup> Annual Turkey Trot 5k Race and 2k Fun Run



*Thanksgiving morning, Nov 22, 6:30a-10:30a, Alliance United Methodist Church  
Proceeds to benefit Park Glen's Scholarship Program.*

**Platinum Sponsor: \$1500 (filled):** Corporate logo on front of race T-shirt, large as possible. 4 free race registrations with T-shirts. Table at the event, sponsor-provided signage placed on course and banner onsite. Advertising in runner bags, corporate logo and link on Park Glen website, social media and newsletter recognition, 3 months of ads in newsletter, large plaque acknowledging participation, Public address prior to awards ceremony.

**Gold Plus Sponsor: \$1000:** Corporate logo on back of T-shirts, approx. 24 square inches. 4 free race registrations with T-shirts. Table at the event, sponsor-provided signage placed on course and banner onsite. Advertising in runner bags, corporate logo and link on Park Glen website, social media and newsletter recognition, large plaque acknowledging participation.

**Gold Sponsor: \$500:** Corporate logo on back of T-shirts, approx. 12 square inches. 4 free race registrations with T-shirts. Table at the event, sponsor-provided signage placed on course. Advertising in runner bags, corporate logo and link on Park Glen website, Social media and newsletter recognition, plaque acknowledging participation.

**Silver Sponsor: \$350:** Corporate logo on back of T-shirts, approx. 6 sq inches. 2 free race registrations with T-shirts, Table at the event, advertising in runner bags, company listing on Park Glen website and social media and newsletter recognition, plaque acknowledging participation.

**Bronze Sponsor: \$200:** Corporate logo on back of T-shirts, approx. 3 inches. 2 free race registrations with T-shirts. Table at the event, advertising in runner bags, company listing on Park Glen website and social media recognition, Certificate acknowledging participation.

**Friends: \$110 or \$160 (with table):** Name only on lower back of T-shirts, approx. 3/8" font size (as space allows), 1 free race registration with T-shirt, Advertising in runner bags.

*\*Logos with non-rectangular shape will be placed best way possible.*

# RESULTS - EXPERIENCE - INTEGRITY

**Top Team  
Your Perfect Partner**

**We Specialize in  
Park Glen Area Neighborhood  
Over 50 Years Combined Experience**



**AVAILABLE 24 HRS — 7 DAYS A WEEK**

- Your Neighborhood Specialist
- Seller's Services
- Buyer's Representation
- New Home Sales & Builders

**JOANN LAURIE**



**Free Loan  
Pre-Qualification**

**817.966.7653**

**817.741.2701**

## **\$SAVINGS\$ AT LOCAL BUSINESSES**

**Marcos Pizza - 50% off your order every 2<sup>nd</sup> Monday.**

**Pickled Picasso - 25% off to Park Glen residents.**

**Pizza Buzz - will contribute 10% of your order to our Benevolence Fund. Mention Park Glen when ordering.**

**Aladdin Mediterranean Café - 15% off menu items (excluding specials).**

**ADVERTISERS: IF YOU WOULD LIKE TO PLACE AN AD IN  
OUR NEWSLETTER, PLEASE CONTACT DANA AT  
[PGNEWSLETTER@GMAIL.COM](mailto:PGNEWSLETTER@GMAIL.COM). ALL PROCEEDS WILL GO  
TOWARD THE PARK GLEN BENEVOLENCE FUND.**

This year's all-member Annual Meeting will be held on September 10, but advance online and mail-in voting will take place in the 30 days before that meeting. Please make plans to vote this year! Homeowners will receive voting information in the mail around August 10. Information on voting and the annual meeting may be found [here](#).

Even though there are no contested races, we still need your vote to reach the minimum 10% quorum number. At least 332 Park Glen homeowners need to cast ballots, even if only to count for quorum without voting for any candidates.

## Meet the Candidates

# It's time to VOTE!

These Park Glen homeowners filed to run in the 2018 Board Election:

### President

**Russell Zwerg** - I am a 26-year Park Glen homeowner with a career background in accounting and management. Having provided a high level of volunteer engagement as PGNA Vice President for the past four years, I am running for President to help make a smooth transition to new leadership over the next year. I am committed to responsiveness, inclusion, and working hard to do the right things to make our neighborhood better.

### Vice President

**Stephen Whiteland** - Hi, my name is Stephen Whiteland. I am running for Vice President of PGNA. My wife and I have 4 kids. We are heavily involved in our church, First Colleyville, and volunteer regularly with the Kids Ministry. I love the community and would love the opportunity to serve on the board. I believe with my experience of working 8 years in the Commercial Property Management industry, I would be a great asset to the neighborhood.

### Secretary

**Kaci Tristan** - My name is Kaci Tristan. My family and I have lived in Park Glen for since 2011. I work in Information Technologies from home. I have some flexibility and time in my schedule to work for the neighborhood. I am excited and ready to take on the role as Secretary. We love our neighborhood and I look forward to getting more involved to help continue keeping Park Glen one of the top neighborhoods around!

### Director (4 to be elected)

**Kenneth Anderson** - My name is Kenneth Anderson, and my wife Joy and I are proud homeowners in the Crossings of Park Glen. I have been an educator for over 26 years and I am currently an administrator in the Keller ISD. As a leader, I want to listen to what you have to say as a homeowner and I want us all to come together as a community. I look forward to serving you.

**Kristy Shallcross** - As a Park Glen homeowner, a Licensed Clinical Social Worker, and a mother to two small children I am highly invested in our community and its future. Our family has had such a positive experience since moving to Park Glen over three years ago that I would like the opportunity to better serve our community to help promote the friendliness, respect, community involvement and support, and safety that we have grown to know and appreciate.

**Susan Kenney** - 19 year Park Glen homeowner, I love our neighborhood for its friendliness, wonderful Arcadia Park, and neighborhood sidewalks with street trees. As an HOA Board member for 3.5 yrs., I've been working to improve our community and will continue. In the past, I worked with PTA's, neighborhood, and City to create Safe Routes to School Plans for PGE, PHIS, HMS, worked on Community Vision, and Traffic & Pedestrian Safety Committee.

**Tom Kaul** - My wife and I have been a homeowner in The Bluffs in Park Glen for 7 years. We enjoy this neighborhood for the neighbors, parks and community involvement. I have seen the progress that the current board has put forth and would like to continue to help improve our community for our future.

# COVENANT CORNER



**Remember that a property modification request is required from residents who want to make Improvements or modifications to your property. You can find the forms on our website: [www.ParkGlen.org](http://www.ParkGlen.org)**



## AUMC Preschool

for ages 2 to 5 years old

**Register Today!**

**817-581-1688**

**7904 Park Vista Blvd**

**[www.alliancemethodist.org](http://www.alliancemethodist.org)**

### Tips to Avoid Deed Restriction Violations

- Your trash and recycling carts should be in your garage or in your backyard behind your fence except for the 24 hours they are at the curb.
- Always request approval before doing a property modification or improvement.
- All storage sheds require approval. Only certain kinds, sizes, and locations of shed are allowed.
- A fence higher than 6' tall may not intersect with or connect to a shorter fence.
- Partial fences (a fence segment with one or both ends not connected to the home or the main fence) are not allowed.
- Keep your fences, retaining walls, garage doors, and house maintained.
- If a part of your home is less than attractive because it needs painting, request approval of the color (even if the same color) and have it repainted.
- Window air conditioning units are not allowed.
- Your yard does not have to be gorgeous, but it should have grass and be consistently mowed, trimmed, and edged. Shrubs should be trimmed to be neat and attractive. Low tree branches over streets and sidewalks should be trimmed.
- Tree stumps must be ground down or removed. Empty tree wells must be removed or have a tree planted in them.
- Portable basketball goals may not be kept in or near the street.
- Boats, trailers, and RV's may not be stored in or visible from the street. Vehicles may never be parked in the grass.
- Vehicles that are inoperable, undriveable, unlicensed, or under repair may be kept only in the garage.



# PARK GLEN SCOUTING

**By Bob Kilburn**

Lots going on with Scouts this summer, other than the heat. Cub Scouts are participating in some summertime activities, working on NOVA awards, doing some fishing, and getting ready to sell some popcorn to help fund all their activities this year: Pinewood Derby, Launching Rockets, Family Campouts, Pack Meetings and much, much more.

The Boy Scout have been busy as well. They had summer camps in Colorado & Texas. One scout participated in the annual world jamboree in Scotland, They are busy planning what they will be doing this year at a lock-in at the Summit Climbing Gym (a little planning, a little climbing).

They are gearing up for another year of Scouting Adventure and here is a preview: Camping at least one weekend per month (9 months out of the year), 2 Summer Camps, 2 High adventure camps. One in the winter, where they will learn how to run a dog sled and build an igloo in the dead of winter. The other will be in Scout Heaven, backpacking in the Santa Cristo mountains in New Mexico at Philmont Scouting Ranch next summer along with 22,000 other scouts. They will also be doing their fair share of service & conservation projects in our neighborhood. So there is a lot to look forward to.



**Girl Scouts®**

**Interested in Girl Scouts  
in the Park Glen Area?**

contact Alanna Bias via email:  
[gstoptroop1171@gmail.com](mailto:gstoptroop1171@gmail.com)

**Interested in Scouting in Park Glen?**

Contact Bob Kilburn @ 817-789-9907 or  
[bobkilburn@sbcglobal.net](mailto:bobkilburn@sbcglobal.net) or visit our websites:

<https://troop205.trooptrack.com>

<http://fortworthpack205.weebly.com>

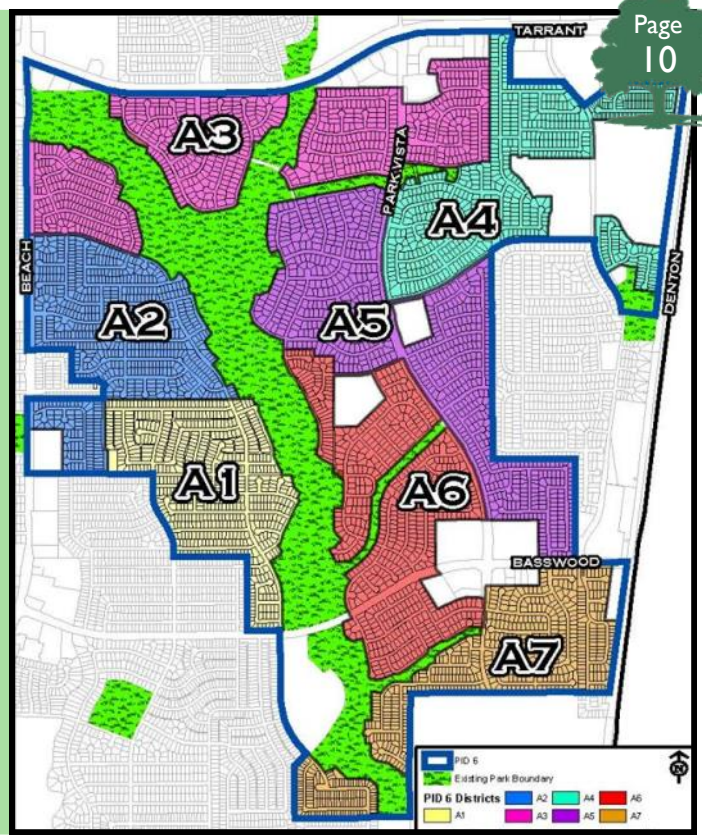
# PID6 Advisory Board



The terms of four (4) current members of the PID 6 Advisory Board are set to expire on October 1, 2018. The Districts concerned are District 1, 3, 5 and 7. Anyone owning a lot within these four Districts is eligible to serve on the Advisory Board for the term of October 1, 2018 – September 30, 2020. Interested individuals should submit their letter of intent and resume to the email or address below no later than August 27, 2018.

[Robin.willits@fsresidential.com](mailto:Robin.willits@fsresidential.com)

PID 6  
9800 Hillwood Parkway  
Suite 210  
Fort Worth, TX 76244



The sky's  
the limit  
AND THEN  
SOME

Ready for action that's out of this world?  
Join Cub Scouts for adventures that go above  
and beyond anything you've done before.

JOIN TODAY AT [BEASCOUT.ORG](http://BEASCOUT.ORG)



Join Cub Scouts today. Cub Scout  
Round Up August 17th 630PM  
7904 Park Vista Blvd, Fort Worth,  
TX 76137-Alliance United  
Methodist Church

## AMERICA'S TOP TEN

Favorite Ice Cream Flavors



1. Vanilla
2. Chocolate
3. Cookies N' Cream
4. Mint Chocolate Chip
5. Chocolate Chip Cookie Dough
6. Buttered Pecan
7. Cookie Dough
8. Strawberry
9. Moose Tracks
10. Neapolitan



Source: 2017 International Dairy Foods Association Ice Cream Survey, a national survey of ice cream makers and retailers. Conducted by Research America Inc.

### Frozen Yogurt Grapes

1. Freeze the grapes. All you need to do is pick the grapes from the stem, rinse them and then place them on a baking sheet. It takes a couple of hours for the grapes to freeze all the way.
2. Dip the grapes in yogurt. I let the grapes thaw for just a few minutes because it was easier to get the toothpick in them. Dip in your favorite yogurt and then place back on your baking sheet.

Tip: If you want to roll it in a topping, do it right after you dip in the yogurt. The yogurt will freeze pretty fast because the grape is frozen. We tried a few different toppings, but coconut was our favorite in the end. At this point you can either put them in the freezer in a container to store, or serve them up! If you like the yogurt a little harder, pop them back in the freezer for a few minutes.



### Frozen Banana Bites

1. Grab some bananas and cut them into chunks. Arrange on a cookie sheet lined with wax paper or parchment paper with a toothpick in each banana.
2. Freeze first, bananas only, for about 1-2 hours. This is the most important part! Dipping a banana that isn't frozen makes the process difficult and messy! After bananas are frozen, the chocolate adheres to the banana much more easily.
3. Melt some chocolate chips (semi sweet if you like it or milk chocolate).
4. Take bananas out of the freezer and dip each one in the melted chocolate, and then in a bowl full of coconut.
5. Return bananas to the freezer until the chocolate hardens up



### Crunchy Roasted Chick Peas

1. First, drain a can of chickpeas, also called Garbanzo beans, or start with cooked beans and rinse them well.
2. Then, spread the beans out on a cookie sheet with foil (you could use parchment paper), and dry them with a towel. You want these dry! The drier they are the better and crunchier they will turn out. Many people have trouble getting their beans to that "crunchy" stage, and they end up mushy. One thing to really help with that, is to make sure they are going into your oven without any water left on them.
3. Drizzle with olive oil, and if you choose, Parmesan cheese and salt or your favorite seasonings.
4. Cook them in the oven at 400 degrees for 30-35 minutes.

Tip: This snack is super easy to make, and super healthy for the

kids! They can eat them plain, you could sprinkle them on salads or add them to trail mix!





## **July Yard of the Month Winners**

**Phase I (Park Glen)-5108 Los Padres  
The Knoll-5212 Black Hills Ct.**

**The Hills-4629 Seneca Dr**

**The Glen-4513 Timken Tr**

**The Preserve-8424 Ram Ridge Rd.**

**Phase III-5449 Navajo Bridge Tr**

**Windridge-5420 Mt. McKinley Rd**

**The Vistas at Park Glen-6905 Chaco Dr**

**The Meadows-7316 Big Bend Ct**

**The Bluffs-5201 Spanish River Tr**

**Parkview-4944 Navajo Way**

**Vistas of Park Glen-7032 Warm Springs**

**The Crossing-5141 Creek Bend Dr**

**Judging for August's Yard of the Month contest will be August 18-21. Volunteer judges will drive the neighborhood and select the winners for each month**

**Judging will be based on overall attractiveness and adherence to deed restrictions & community standards. To be considered, properties must not have any open violations or have any past due balance on their accounts.**

## **GET CONNECTED WITH PARK GLEN**

**CONTACT US / ASK A QUESTION**  
You may contact the PGNA Board or ask a question here: <http://parkglen.org/contact-us-ask-a-question.html>.

### **STAY UP TO DATE**

You can sign up at [ParkGlen.org/signup.html](http://ParkGlen.org/signup.html) to receive e-mailed news and alerts about our community and events.

### **SOCIAL NETWORKING**

Please like the HOA's official page for news of events and other important information: [www.Facebook.com/ParkGlenHOA](http://www.Facebook.com/ParkGlenHOA).

Park Glen has several other social networking pages to allow residents to communicate with each other. Find descriptions and links at <http://parkglen.org/connect-with-park-glen.html>.

### **GET INVOLVED**

If you are interested in getting involved in our neighborhood and would like to volunteer some time, you can see the opportunities, ask for more information, or sign up at <http://parkglen.org/volunteer.html>.

# **It's Your Park Glen!**

# Park Glen Neighborhood Association Volunteer Opportunities

We are always on the lookout for volunteers!! Here is a list of areas where you can volunteer to serve your community.

**Architectural Control Committee** - This committee reviews requests from homeowners for home improvements in accordance with the requirements of the deed restrictions. This group helps protect our investments in our property.

**Hospitality Committee** - Visit and welcome each new homeowner, delivering a welcome gift.

**Social Committee (Activities & Events)** - This committee organizes, promotes and produces a few events throughout the year (Easter Eggstravaganza, July 4th Parade, Turkey Trot, and others). We especially need volunteers to coordinate entire events or parts of events, but there are opportunities to just help at events.

**Host a Block Party** - We need volunteers to put together a block party on your street for the annual "National Night Out" (first Tuesday in October) or any other time throughout the year. We'll provide guidance and ideas to help you bring your neighbors together to make your part of Park Glen safer and friendlier.

**Sign Distribution & Pick Up around the Neighborhood** - Will you be part of a rotation of volunteers who give an hour or two per month to distribute or pick up signs that we put up around the neighborhood to promote events and programs?

**Newsletter Editor** - Compile provided articles and material into a monthly newsletter file for publication on our website. Requires good understanding of Microsoft Publisher or another good newsletter publishing program.

**Communications Committee** - Gather information, write articles for the monthly newsletter, and/or post on social media and the Park Glen website.

**Citizens on Patrol (Code Blue)** - Volunteers work directly with the Fort Worth Police Department and act as additional sets of ears and eyes for the police. Requires training.

**Crime Watch Block Captains** - Coordinate and mobilize your neighbors to look out for crime and keep watch for each other. Requires training from the Fort Worth Police.

**Service Committee** - Join a network of volunteer neighbors who will assist other neighbors as the need arises. For example, an elderly couple who is unable to get their yard cleaned up one week and need some help, we would like to be able to call some folks to help get that yard done for them. This committee also coordinates volunteer clean-up of our parks and creek beds. To be reactivated, this committee needs a chairperson.

**Yard of the Month & Holiday Decoration Contest Selection** - You can help select yard of the month or Christmas decorating winners in a Park Glen village other than your own.

**Set Up and Take Down Audio Visual Equipment** at Pool/Movie nights three or four Saturdays in the Summer and possibly other times.

There are lots of opportunities for you to be active in Park Glen, and we need your help! If you are interested in being involved in the neighborhood please come to the next Board meeting, e-mail [PGNARussell@gmail.com](mailto:PGNARussell@gmail.com), or send us a message at the ["Volunteer" page of our website.](#)

# BACK-TO-SCHOOL TIPS FOR PARENTS

STARTING THE NEW SCHOOL YEAR CAN BE A TIME OF GREAT EXCITEMENT... AND ANXIETY. HELP CALM YOUR CHILD'S FEARS (AND YOUR OWN) WITH THESE TEACHER-APPROVED TIPS.



## MEET THE NEW TEACHER.

FOR KIDS, ONE OF THE BIGGEST BACK-TO-SCHOOL FEARS IS "WILL I LIKE MY NEW TEACHER?" BREAKING THE ICE EARLY ON IS ONE OF THE BEST WAYS TO CALM EVERYONE'S FEARS. TAKE ADVANTAGE OF YOUR SCHOOL'S OPEN HOUSE OR BACK-TO-SCHOOL NIGHT. SOME TEACHERS WELCOME PHONE CALLS OR E-MAILS - ANOTHER GREAT OPPORTUNITY TO GET TO KNOW EACH OTHER BEFORE THE YEAR BEGINS.

IF PERSONAL CONTACT WITH THE TEACHER ISN'T POSSIBLE, TRY LOCATING THE TEACHER'S PICTURE ON A SCHOOL WEBSITE OR IN A YEARBOOK, SO YOUR CHILD CAN PUT A NAME WITH A FACE. IF YOUR CHILD'S TEACHER SENDS A WELCOME LETTER, BE SURE TO READ THE LETTER TOGETHER.

## TOUR THE SCHOOL.

IF YOUR SCHOOL HOSTS AN OPEN HOUSE, BE SURE TO GO. FAMILIARIZING YOUR CHILD WITH HER ENVIRONMENT WILL HELP HER AVOID A NERVOUS STOMACH ON THE FIRST DAY. TOGETHER YOU CAN MEET HER TEACHER, FIND HER DESK, OR EXPLORE THE PLAYGROUND.

WITH AN OLDER CHILD, YOU MIGHT ASK HIM TO GIVE YOU A TOUR OF THE SCHOOL. THIS WILL HELP REFRESH HIS MEMORY AND YOURS.

## CONNECT WITH FRIENDS.

A FAMILIAR FRIEND CAN MAKE ALL THE DIFFERENCE WHEN HEADING BACK TO SCHOOL. YOU MIGHT TRY CALLING PARENTS FROM LAST YEAR'S CLASS AND FINDING OUT WHICH CHILDREN ARE IN YOUR CHILD'S CLASS THIS YEAR. REFRESH THESE RELATIONSHIPS BEFORE SCHOOL STARTS BY SCHEDULING A PLAY DATE OR A SCHOOL CARPOOL.

## TOOL UP.

OBTAIN THE CLASS SUPPLY LIST AND TAKE A SPECIAL SHOPPING TRIP WITH YOUR CHILD. HAVING THE RIGHT TOOLS WILL HELP HIM FEEL PREPARED. WHILE KEEPING BASIC NEEDS IN MIND, ALLOW FOR A COUPLE OF SPLURGES LIKE A COOL NOTEBOOK OR A FAVORITE-COLORED PEN. THESE SIMPLE PLEASURES MAKE GOING BACK TO SCHOOL A LOT MORE FUN.

SCHOOL SUPPLY LISTS ALSO PROVIDE GREAT INSIGHT INTO THE SCHOOLWORK AHEAD. GET YOUR CHILD EXCITED ABOUT UPCOMING PROJECTS BY EXPLAINING HOW NEW SUPPLIES MIGHT BE USED. LET HIM PRACTICE USING SUPPLIES THAT HE'S NOT USED BEFORE - SUCH AS COLORED PENCILS OR A PROTRACTOR - SO HE WILL BE COMFORTABLE USING THEM IN CLASS.

## EASE INTO THE ROUTINE.

SWITCHING FROM A SUMMER TO A SCHOOL SCHEDULE CAN BE STRESSFUL TO EVERYONE IN THE HOUSEHOLD. AVOID FIRST-DAY-OF-SCHOOL MAYHEM BY PRACTICING YOUR ROUTINE A FEW DAYS IN ADVANCE. SET THE ALARM CLOCK, GO THROUGH YOUR MORNING RITUALS, AND GET IN THE CAR OR TO THE BUS STOP ON TIME. ROUTINES HELP CHILDREN FEEL COMFORTABLE, AND ESTABLISHING A SOLID SCHOOL ROUTINE WILL MAKE THE FIRST DAY OF SCHOOL GO MUCH SMOOTHER.

# 15 Quotes to Encourage Moms at Back to School

- \* Simplify everything This is just a short span of life where they need you right there. –Laura Lynn Fanning
- \* Be an encourager The world has plenty of critics already –Dave Willis
- \* There will be so many times you feel like you've failed but in the eyes, heart and mind of your child, you are Super Mom. –Stephanie Precourt
- \* A good mother is worth hundreds of schoolmasters. –George Herbert
- \* There is no way to be a perfect mother and a million ways to be a good one. –Jill Churchill
- \* I don't understand why women say "I'm just a mom." Remind me again which job on the planet is more important? –Susan Hallum
- \* To the world you may be one person, but to one person you may be the world –Bill Wilson
- \* Sometimes just being there is enough. -Unknown
- \* It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings. –Ann Landers
- \* Each day of our lives we make deposits in the memory banks of our children. - Charles Swindoll
- \* Intelligence plus character – that is the goal of true education. – Martin Luther King, Jr
- \* It is not the things we have or do not have that make our homes a haven. It's you; you are the key to making your home a haven. – Courtney Joseph
- \* Kind words can be short and easy to speak, but their echoes are truly endless. -Mother Teresa
- \* Whatever is going to happen will happen, whether we worry or not. –Ann Monnar
- \* No language can express the power and beauty and heroism of a mother's love. -Edwin Chapin

